



**TV MASS  
TIME/CHANNEL NEWS**

**Miami / Fort Lauderdale, FL**

**Station Change**

10:30 a.m.

WBFS broadcast ch. 33 (MyTV33)

**Sacramento, CA**

**NEW! Sacramento Faith TV**

8:00 a.m. (cable TV only)

AT&T ch. 14

Comcast ch. 20

Consolidated Communications /

SureWest ch. 19

**KQCA ch. 58 (My58)**

6:30 a.m.

## Going Up?

Technically speaking, *elevator* means something that elevates or raises up, but we assume that the elevator will also come down. When Jesus ascended to heaven, lifted out of sight upon a cloud, the Disciples stared up at the sky. Then two men in white appeared to assure those awestruck men of Galilee that the Lord would come back in the same way. We get the idea. The Lord has gone up to heaven and will come back down in the eternal plan for our salvation.



**Fr. Mark Payne  
Chaplain**

Scripturally speaking, we have some action-packed Sundays in June this year. Most dioceses celebrate the Ascension on June 2. Before departing from them, Jesus instructed the Disciples to await the coming of the Holy Spirit and a new Baptism. I sometimes wonder if our Lord, seeing us from on high, stares in amazement when our everyday, down-to-earth concerns overshadow the assurances of the holy Baptism we receive.

On the first Pentecost, the Holy Spirit appeared as tongues of fire. Our celebration of Pentecost gets us fired up because the Holy Spirit has come upon us and given us our identity as people who can witness firsthand to His love within our hearts.

In the second reading on the Solemnity of the Most Holy Trinity, Saint Paul's Letter to the Romans reminds us that "affliction produces endurance." St. Paul certainly had his own *up's* and *down's*. The Father's love, the Salvation won for us by the Son, and the gift of the Holy Spirit within us give surpassing hope that helps us through our tough times.

We celebrate the solemnity of the Most Holy Body and Blood of Christ in remembrance. We remember Him. We remember His sacrifice. We remember that when Mass has ended, we still have the task of proclaiming His Cross and Resurrection until He comes again.

After Easter, donations to Heart of the Nation tend to go down. Your generosity this month will help to keep TV Mass and Catholic publications coming to the faithful nationwide who gladly share in your prayers. When we offer all we can to the Lord, things always start to look up!

## Father's Day Spiritual Bouquet



Please send the names of your father, grandfathers, or other special dads for remembrance at Mass on Father's Day (June 16). Use the mail-in spiritual bouquet card, or send an e-mail to [FrMark@HeartoftheNation.org](mailto:FrMark@HeartoftheNation.org).

***“Your Mass is comforting. I am starting to recognize your two altar boys, your priests, and the people in the congregation.”***

~Anita



***“Thank you for allowing TV viewers to present prayer intentions.”***

~Maria



***“As a disabled person, it is truly wonderful to be able to participate in the Mass on Sundays. Thank you. Thank you.”***

~Mark

## Centerpiece at the Lord’s Table

Celebrating the sacrament of Holy Matrimony with happy couples, I sometimes get invited to their wedding receptions. Centerpieces and napkins folded in fancy ways may add special touches to the table settings. An age-old custom of different folded napkins for male and female guests, bride’s side of the family or groom’s, has provided a personalized way to welcome family and friends to wedding feasts.



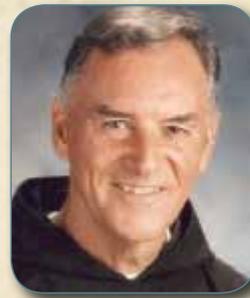
At Mass on the Seventh Sunday of Easter, the Book of Revelation describes both the Holy Spirit and a bride saying simply, “Come.” God invites us, as Church, to become wedded to Him.

In Biblical times, the bride waited for the groom to escort her to their wedding. We hope that the Lord will come to take us to the heavenly banquet.

In a famous Renaissance wedding, the niece of Pope Clement VII married the future King of France. Surely, fine linens were used. Legend has it that the bride brought forks with her from Italy, since those tined eating utensils hadn’t caught on in France yet.

Lots of new ideas emerged as Renaissance

scholars returned to ancient texts to rethink and refine them. Human ingenuity took the forefront, even at table.



**Fr. Tony Scannell  
Chaplain**

Banquet hosts began vying to out-do each other in the creation of elaborate centerpieces called “triumphs.” Made from folded linen napkins, the triumphs replicated animals or architecture, people or mythological creatures, and other objects of divine or human artistry.

The wealthy sent servants to schools dedicated to the Renaissance art of napkin folding.

Renaissance means “rebirth.” At Pentecost, we celebrate the coming of the Holy Spirit—the same Spirit that gives us rebirth through Baptism.

Two weeks after Pentecost, we come to the Lord’s Table on the Solemnity of the Most Holy Body and Blood of Christ. The Gospel reading for that celebration recalls the multiplication of five loaves and two fish.

Later, Jesus would out-do Himself, giving His Body and Blood as He triumphed over sin. Our task now becomes how to make Him the centerpiece of our lives.

## Heavenly Inheritance

Jesus cared a lot about what would happen after the Cross. He knew that the Disciples would miss Him as they carried on the mission without Him visibly and lovingly at their side. In his Letter to the Ephesians, St. Paul bolstered the hope among people in the early Church of inheriting the “riches of glory” in heaven.

“In His lifetime on Earth, the Lord accomplished much but also left a lot undone. We, too, find life too short to do everything we can envision,” said Fr. Mark Payne, chaplain for Heart of the Nation. “Often, TV Mass viewers tell us that they wish they could do more. Remembering Heart of the Nation in your will or trust provides an inheritance that will give glory to God.”

## Fathers's Day Prayer

Loving Father,  
thank You for the gift  
of my father, grandfathers, and  
all whose fatherly love  
I have known.  
For ways You have helped them  
to become a blessing for me,  
I give You praise while asking  
You to bless them abundantly.

For those here and gone  
before me,  
I pray in gratitude and faith,  
for it is through You that come  
their love and patience,  
gentleness and strength,  
humility and readiness to forgive,  
delight in seeing children grow,  
wisdom to lend a hand  
and know when to let go,  
generosity in giving of themselves,  
and hearts open to Your grace.

In the heavenly place prepared,  
may we come to share  
life with You, our loving Father,  
for all eternity. Amen.

## Summer Prayer

Loving Father,  
With hope-filled anticipation  
and the desire to grow in faith,  
may I be open to the blessings  
of Your love revealed  
in summer days.

Amid wonders of Creation, visible  
in orchards and fields, I ask that  
patience and forgiveness  
take root ever more deeply  
in me.

In hours of daylight shining, sign  
of Your assuring readiness,  
please show me how to live  
more fully in humility  
and holiness. Amen.

# Pentecost Made Its Mark

After the flood, people worldwide spoke the same language. Over time, Noah's descendants spread out over the land. Settlers in the valley of Shinar, in present-day Iraq, planned to fire bricks and use them to build a great city with a tall tower—a landmark that would make them famous. God decided that they had become too worldly for their own good. By confounding their language, the heavenly Father made it impossible for them to communicate well enough to finish the grandiose building project. The story of those events opens the Scripture readings for Mass on the Vigil of Pentecost.



Time goes on. Jesus has come and gone, at least in human likeness. Before His Ascension to heaven, He had promised that the Holy Spirit would soon come. In the Acts of the Apostles, the Spirit enters the house where the disciples have waited and rests on each of them in the form of a lick of fire. A Jewish festival at the time had brought pilgrims from the world over to Jerusalem. The pilgrims heard the spiritually empowered Galilean disciples of Jesus preaching in the many languages of people in the crowd.

Pentecost ends the Easter season and marks the beginning of what Catholics profess in the Creed as “one holy, Catholic, and apostolic Church.” Saint Paul describes it as people with “different kinds of spiritual gifts but the same Spirit” (1 Cor. 12). As part of one Church, each member has the individual spiritual gifts needed to make a mark in the world by serving as a sign of God's love.

## The Unspoken Saint

On Father's Day, we remember St. Joseph as the patron saint of fathers. In the Vatican Gardens, a fountain depicts six scenes from the life of Joseph, who also serves as patron saint of the universal Church.

Scripture's genealogy of Jesus calls Him “Son of David” (Matthew 1).



The fountain's *Betrothal* panel depicts the marriage of Joseph, who descended from the House of King David. Learning of Mary's pregnancy, Joseph had doubts about making a marital home with her. *Dream* shows an angel reassuring the fitfully sleeping Joseph. The *Nativity* panel commemorates Joseph doing the best he could in finding a place for the birth of Jesus. *Flight into Egypt* shows his willingness to leave everything behind to protect Jesus as King Herod sought destruction of the newborn Savior.

At age 12, Jesus caused his parents great anxiety during a frantic search for him. *Finding Him in the Temple* illustrates Jesus' foremost focus on His heavenly Father. Nevertheless, in the *Work* panel, the carpenter's Son works alongside St. Joseph, who served as guardian of Jesus and sharer in the knowledge of His divine and human natures.



Welcome to new members of the Circle of the Heart monthly giving club. You will be included in prayers placed before the altar for every Sunday TV Mass. To join Circle of the Heart or change your pledge, just call, e-mail, or fill out the information on your donation envelope. **Thank You!**

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**Heart of the Nation**  
CATHOLIC MASS

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**Contact Us:**

**Heart of the Nation**  
P.O. Box 14428  
Milwaukee, WI 53214  
**Toll-Free:** (855) 855-6277  
**Email:**  
Mail@HeartoftheNation.org  
**Web:**  
www.HeartoftheNation.org

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