



TV MASS UPDATES

New Mass Time –Seattle, WA

Tune in Sunday Mass at 8:30 a.m.
on KSTW channel 11 (CW)

New CW Channels

Amarillo, TX

KVII channel 7.2 at 9:00 a.m.

Bluefield-Beckley-Oak Hill, WV

WVVA channel 6.2 at 10:00 a.m.

Boise, ID

KBOI channel 35.1 at 9:00 a.m.

Erie, PA

WSEE channel 35.2 at 10:00 a.m.

Jesus: The Faith Magnet

Magnets come in handy for sticking notes and pictures on the refrigerator. Plus, they make great toys for fun and learning. Among nostalgic toys, kids use a stylus with a magnet on the end to drag iron shavings over the outline of a face to add some hair. In a set of two toy cars with embedded magnets, the back car pushes the front one, even though they never touch. Miniature train cars with magnetic hitches stick together. A mom or grandma might discover that a youngster’s experiments with a magnet have made a few pins suddenly stick to the sewing scissors.



**Fr. Mark Payne
Chaplain**

Somewhere along the line, we learn that opposite magnetic poles attract while like poles repel. Jesus had a different kind of magnetism. He attracted followers and repelled hard-hearted (and hard-headed) Pharisees.

Tourists can still visit the ancient well where a Samaritan woman probably approached Jesus when she came to draw water. Even if she intended to ignore Him, fill her water jug, and head home, Jesus had other plans. Against social mores of the time, the Lord struck up a conversation by asking her to give Him a drink.

Drawn into the conversation like a nail to a magnet, the woman pointed out that Jesus didn’t even have a cup or pail. (They both knew that Samaritans and Jews didn’t share.) The two talked about “living water” and thirsting again. He knew about her past spouses and one ersatz husband, and she saw Him as a prophet. They chatted about worship in Jerusalem, in Samaria, and in Spirit. She believed that the Messiah would come. Jesus said, “I am He.”

The Samaritan woman left without taking her water jug. Maybe she hoped to find it filled with living water by the time she got back. Meanwhile, she went to find some other people to come and see what they thought of Jesus. Many came to believe.

Heart of the Nation serves lifelong Catholics but also attracts newcomers to our faith and draws people back in who have left the Church for a while. Think of using a magnet to create a chain of paperclips, with one clip after another becoming magnetized and picking up the next. Every gift to Heart of the Nation helps to connect people in the magnetism of the Lord’s love as we join together at Mass!

Fr. Mark

*Have you
made your
Lenten
offering?*

*Please see
page 2.*



**DAYLIGHT
SAVING TIME
BEGINS ON
MARCH 8**

Don’t miss Sunday Mass on March 8!
Set your clocks ahead one hour before
going to bed on Saturday night.

“I am enclosing a small donation. I have been saving for this.”

~Josette



“The children that sang in today’s Mass were wonderful. I watched the Mass twice.”

~Mary



“I moved to a senior living home. A couple there told me about your program. I love your Mass.”

~Marge



“It is my pleasure to donate. I hope this will help to maintain and increase the number of persons this ministry reaches.”

~Linda

Connecting with the Lord

Jesus took only three of the Disciples with Him up the mountain where the Transfiguration gave them a glimpse of Him in heavenly glory. On their way back down from the mountain height, the Lord instructed Peter, James, and John not to tell anyone about the vision until after He had died and risen.

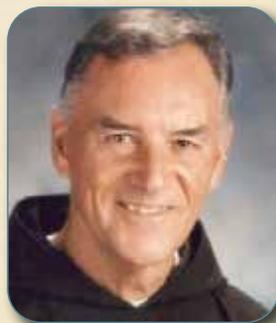
Imagine what would have happened in our day and age. Telephone traffic soars when something phenomenal occurs!

Alexander Graham Bell patented the first commercial telephone in 1876. At first, two phones connected two people. Next, ten or more parties connected on the same wire. Eavesdropping and spreading the latest hearsay could become tempting on party lines.

Jesus didn’t want news of the Transfiguration to get around. Among the party of Twelve Disciples most closely connected with Him, the Lord chose only three to accompany Him to the mountain.

Time went on. Telephone innovations led to opportunities for training and jobs as switchboard operators.

In Sacramento, for instance, the Sisters of Mercy had established St. Joseph’s Academy, a comprehensive school for girls in primary grades on up. A business course added to the school’s curriculum prepared young ladies for switchboard and office jobs.



**Fr. Tony Scannell
Chaplain**

Jesus had taken opportunities to teach the lessons that His followers would need when it came time for them to spread the Word. Today, the Bible serves as our

training manual.

On the second Sunday of Lent, the Gospel reading describes the Transfiguration. Peter, James, and John had fallen asleep while Jesus prayed. They woke up and saw Him in glory.

Who among us has never nodded off while praying? Lenten observances help awaken us to the Lord’s wondrous presence.

Old-fashioned switchboards contained jacks, cords, lights, and switches. Connections were made, phones rang, and people talked.

The Lord remains plugged into our needs and wants to connect with us. If He gets a busy signal when calling about the Transfiguration that awaits us, He keeps trying!

Having Lent a Hand

Saint Paul’s Letter to the Hebrews says that Jesus came to do God’s will. That meant making sacrifices throughout His life. When Pharisees questioned and kicked a man out of the synagogue after Jesus cured him on the Sabbath, for instance, the Lord went to find the man and help him to believe (John 9).

During every Mass, we pray that the sacrifices offered will be acceptable to God. Acceptable sacrifices have meaning. Fr. Mark Payne, chaplain for Heart of the Nation, explained, “Jesus knew how to help people. When you lend a hand by donating to Heart of the Nation, you will know that your sacrifice helped to make the TV Mass and Catholic prayer publications available to people seeking to grow in faith.”

Prayer in My Weakness

Lord Jesus,
Who lived and died for us,

When Your presence seems
far away,
May I reach out for Your
healing touch,
For the comfort of Your embrace.

Lord Jesus,
Who suffered for my sake,

In times of burden or despair,
May Your example give me
new faith
And hope in Your eternal care.

Lord Jesus,
Who came to do the Father's will,

With pain too much to bear alone,
May Your Spirit give me
strength within
To follow the path You
have shown. Amen.

Giving Meaning to Nobility

Saint Joseph became known by what he did, without a single word in Scripture quoting what he said. On March 19, the Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary, priests have two Gospel choices for Holy Mass.

Descended from King David, whose dynasty had long since fallen, Joseph exhibited a different kind of nobility when he learned of Mary's pregnancy. It seemed like a no-win situation. Under Mosaic Law, if wrongdoing had occurred, failure to address it would invoke God's punishment of the whole community. Innocence wouldn't shield Mary from feeling shame.

The Gospel of Matthew describes Joseph's decision to divorce Mary quietly. An angel then came to reassure him. After magi offered gifts of homage to the newborn Savior, another message instructed Joseph to flee from the murderous King Herod. Fearful of returning to Judea even after Herod's death, Joseph received more direction from heaven. The Holy Family settled in Nazareth.

The Gospel of Luke highlights different events. Joseph traveled with Mary to his ancestral hometown of Bethlehem to register in a required census. Heavenly tidings brought shepherds to the place where they found the newborn Savior. Presenting Jesus in the Temple, Mary and Joseph listened in amazement as a man named Simeon recognized that Salvation had come into the world. In Jerusalem again, twelve-year-old Jesus stayed behind after the Passover Festival while Mary and Joseph experienced days of anxious searching for Him.

People knew Joseph as a carpenter. Upright, faith-filled, and protective of his family, Joseph also experienced dilemma, fear, and astonishment. No known relics of Saint Joseph exist, but Jesus would not have entrusted Mary to a Disciple's care if Joseph had lived to see the Crucifixion. Joseph serves as patron saint of fathers, families, carpenters, laborers, and happy death.



Pray for Me, Saint Joseph

Saint Joseph,

I long to follow your example
of loving righteousness.
Please ask the Lord to help me
to forgive with gentleness.

Like a rough-hewn plank of wood
that you knew how to plane,
Please ask the Lord to smooth out
my rough edges that remain.

As you used the tools of your
trade
to build for others' needs,
Please ask the Lord to fulfill
hope built into my good deeds.

Amen.

Baptism and a Promising Lent

By thinking only of the penitential aspect of Lent, Catholics miss the season's second purpose of inviting renewed commitment to the Baptismal promises. Cleansing from original sin at Baptism provides a starting point. Mature faith goes farther.

The Baptized promise to renounce Satan, his works, and "empty show"; to believe in God the Father, Son, and Holy Spirit; and to believe in the holy Catholic Church, the communion of saints, forgiveness of sins, and everlasting life. The Nicene Creed details the promises. Praying the Creed with renewed commitment, coupled with penitential practices during Lent, helps the faithful to turn away from sin while turning more fully toward God—a conversion of heart meant to last.



With gratitude, Heart of the Nation welcomes new members to the Circle of the Heart monthly giving club. As a member, you will be included in prayers placed before the altar for every Sunday TV Mass. To join, please mark the box on your donation reply card, and indicate the amount of your pledge. (If you need to change or cancel your pledge, just contact Heart of the Nation.) **Thank you!**

Cristina M. Acosta
Yolanda Aguire
Janice E. Allard
Mary Andritch
Nonah Anselmo
Kathleen Antoni
Concetta Archer
Luz S. Arenas
Sherrie Barnard
Gloria A. Beauregard
Dolores Behr
Bonny Beresford
Robert Bertolini
Vanessa Bianco
Mr. & Mrs. Nicholas Biondo
Christiann Bishop
Dyanna Bollinger
Penafrancia Brooks
Debra L. Brooks Manall
Nancy Bruggeman
Mr. & Mrs. Brian Butler
Jesse Camarillo
Ursula J. Caputo
Edna Carella
Robert Carr
Christian Castro
Lorraine E. Cervanyk
Gloria Chavez
Mr. & Mrs. Kenneth J. Chovan
Frances Ciddio
Mary A. Ciro
Mr. & Mrs. Joseph Coddington
Patricia Coffee
Deborah Cole
Cheryl H. Collier
Benny Constantinoff
Gilbert Coronado
Mrs. Anne Cortez
Mr. & Mrs. Ray Courtney
Janice Crutcher
John Czarnecki
Dennis Daneels
Jessee De La Cruz
Cecilia Del Campo
Frances L. Delgado
Jeff Deloach
Geraldine Dicks

David R. Ditterick
Kevin Drury
Jacqueline Duphily
Elizabeth Escarraz
Denise Estafan
Kathleen Fairall
Jennie A. Fiocca
Donald Flynn
Jane Fuerst
Mr. & Mrs. Nicholas Gaeta
Chris Gallucci
Ms. Natividad Garcia-Holtz
Mary Kay A. Garno
Glodean K. Gates
Antoinette Giusti
Jocelyn Guay
Mrs. Rita Haase
Theresa A. Harris
Mary Heiser
Helen Helm
Harry Hewitt
Mrs. Christine Hinkforth
Jane E. Hosni
Mary Howitt
Mary Ittenbach
Delores A. Jackson
Thomas Jerome
Rosalinda Johnson
Esther Kelly
Suzanne Keye
Judy Kimmes
Arlene Kirch
Steven Kleckner
Mary Koehler
James P. Koehn
Mary Kostrewski
Joanne B. Kubik
Joan La Course
Barbara Lamm
Mary Le
Rose Lopez
Markian Macke
Roger Martin
Phyllis Matykiewicz
Patricia McGarvey
Michael McGawley
Annette McGowan

Steven McKinstry
Wanda J. Michaels
Sally Miranda
Joan A. Miranda
Mr. & Mrs. Rich Mitchell
Virginia Montmarquet
Shirley K. Moore
Johnnie Morese
Charles Mueller
Carmella Murphy
Josefa Myer
Helen R. Negley
Joseph Nehi
Lowell Nichols
Susanne E. Null
James O'Connor
Karen O'Leary
Maryann Pairitz Fuchs
Fatima Papica
Joseph Parker
Fran Patti
Helen Penzes
David Plachinski
Anthony Poland
Sheila Polito
Mary Polo
Irene Pomasl
Mrs. Margaret Ponce
Valerie Purchase
Vivien Purmort
Maryan Quintero
Patrick M. Reagan
Lyn Reese Holmes
Katherine Reimer
Elizabeth Richardelli
Jean Ringer
Charlotte Ripley
Maria Rivera
Robert Rohlf
Juanita Runil
Ruth Salvador
Karen Scharinger
Mr. & Mrs. Ambrose J. Schmitz
Michael Schoenecker
Pat Seckel
Eileen Sheehan
Frank Sorrentino

Ria Speckmeyer
Pasquale Speranza
Daun Staub
Kathy A. Steinwand
Diana Stewart
Joan A. Stiegler
Janice Strobach
Saundra Strong
Joan I. Tarutis
Salvador Tinio
Kathleen J. Tomczyk
Nancy A. Topczewski
Esperanza Torres
Drew Tsokatos
Phil Tumminia
Emily Urbano
Colette B. Urdahl
Margaret Versprille
Mr. & Mrs. Ernesto Villarin
Dolores Visintainer
Joan Waggaman
Dr. Jimilyn Welborn O'Connor
Mary Weller
Patricia Woeste
Mr. & Mrs. Tony Yacono
Rosemary Zandri
James Zatlukal
Maria Zelko



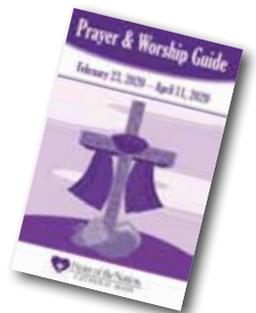
Heart of the Nation
CATHOLIC MASS

For local time and channel information, please visit
www.HeartoftheNation.org

or
Contact Us:
Heart of the Nation
P.O. Box 14428
Milwaukee, WI 53214
Toll-Free: (855) 855-6277
Mail@HeartoftheNation.org

Prayer & Worship Guide: Order for Yourself Or As a Gift for Someone You Love

Please start a free annual subscription to the large-print *Prayer & Worship Guide*, published 7 times per year by Heart of the Nation. Send it to the person listed below:



Name (please print): _____

Address: _____

City: _____ State: _____ Zip Code: _____

Please return this form to **Heart of the Nation**, P.O. Box 14428, Milwaukee, WI 53214.
Allow 4-6 weeks for delivery. **Thank You!**